

Small changes made by everyone will make a massive impact overall



Tips for a More Sustainable Home

Reducing plastic use

- Use refill shops for loose produce and cleaning products
- Buy fruit and veg loose
- Swap toiletry bottles for soap/shampoo bars
- Carry a reusable water bottle
- Ditch the disposal razor and get a safety razor
- Look for other alternatives eg bamboo hairbrush, metal tea infuser

Reducing Waste

- Meal plan for the week ahead and use a shopping list to buy what you need
- Any unused food can be donated using Olio
- Carry reuseable shopping bags
- Swap cotton wool for reuseable cotton rounds
- Take your own containers to the deli counter for cheese/ham etc
- Use cotton fabric for wrapping gifts
- Say no to the receipt

Reducing impact

- Buy local produce
- Use independent shops
- Recycle everything you can
- Check out our guide to recycling for those items not accepted at curb side recycling
- Get involved with the Doorstep Challenge
- Put on a jumper instead of turning up the heat



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